

A spiral-bound notebook with a light pink cover. A darker pink sticky note is attached to the front cover, featuring the text 'The Method to the Madness' written in a black cursive font. The spiral binding is visible on the left side of the notebook.

*The Method to
the Madness*

Our ultimate goal is to build you what I call the Fabulous Wardrobe. Through years of shopping for all types of clients, I have created and formulated a systematic solution that works for everyone and for every-body. I will teach you how to build a fabulous wardrobe, starting with a solid foundation that will save you time and money. There is nothing better than walking out the door looking like a million bucks without having to spend it. That is what you deserve--not a penny less.

I have divided the method into six fundamental steps

Each step is a precursor to the next, so please do not move forward until you've fully comprehended each section. The outline below will guide you through each section of the book. No more wardrobe guesswork! My technique is as accurate and specific as following a mathematical formula (minus the algebra). Buckle up ladies, you're in for a great ride. Here we go!

1. Understanding The 3 Life-Style Categories

2. Introduction To The 10 Key Pieces

3. The 10 Key Pieces Expand Into Your 3 Life-Style Closets

4. Add A Touch Of Color

5. Clean Out And Organize Your Closet

6. Ready, Set, Shop

One

1. Understanding The 3 Life-Style Categories

Over time, I realized that every woman's schedule and clothing needs can be divided into three separate Life-Style categories. In this section, you will learn to categorize all of your activities into one of the three Life-Styles. Ladies, our first goal is to become organized! The 3 Life-Style Categories will be an invaluable tool when building your wardrobe.

Two

2. Introduction To The 10 Key Pieces

We will build a solid foundation with 10 Key Pieces. Keep in mind that we are not shopping for random articles of clothing-you've done that already. Instead, we are systematically building a wardrobe. I will give you a detailed look at the eight articles of clothing, plus the shoes and handbag that you will need to jump-start your wardrobe. For the best result of this method, I have chosen all of the key pieces in the color black.

Three

3. The 10 Key Pieces Expand Into Your 3 Life-Style Closets

I will show you how the 10 Key Pieces in each Life-Style Category expands into the 3 Life-Style Closets. I will provide choices of fabrics and sketches of style options for each Key piece. By the end of this chapter, you will have determined the elements that constitute the Basic Wardrobe. Finally, the answers you have been looking for!

Four

4. Add A Touch Of Color

Now you have the understanding of the Basic Wardrobe. But why stop here? Let's add some color to the basic black. I'll introduce you to my technique of shopping and getting dressed within the 'Color Blocks'. This is where your basic wardrobe builds on itself with a Touch of Color to become your fabulous wardrobe.

Five

5. Clean Out And Organize Your Closet

Now that you understand how to build the fabulous wardrobe, we'll dive into the practical aspects of achieving it. Wouldn't you just love to have a superbly organized closet? After reading this section, I'll put a bet on it that you will be on the phone inviting your girlfriend over for a closet clean-out party at your very next available moment.

Six

6. Ready, Set, Shop

I will share my shopping knowledge and tips so you will have the confidence to conquer your shopping fears. Armed with the tear-out sheets in hand for each of the 10 Key Pieces in the 3 Life-Style Categories, you will feel completely empowered when you head out to the stores. Open up to excitement and confidence knowing you are saving time and money!



So that you don't miss any of the most important information, keep a close watch for the key icon. These are the keys to success, push those doors open baby! Nothing but fabulous will do from here on out!

Ladies, every one of us have walked the valley of the wardrobe blues. We each have felt our face grow warm, or the slight pressure in our chest when we make an entrance and realize, I am so not dressed appropriately for where I am. We are brave confident women, we hold our heads high and plow through, but why? Say goodbye to embarrassment and insecurity about the way you dress. It does not take luck or special powers to dress to impress, only a willingness and application of practical information. This method will transform you, your closet, along with your confidence and grace! You will finally step out, self-assured about the way you look everywhere life has to take you!

It is possible to read this manual on Friday, get organized on Saturday, and go shopping on Sunday. By Monday morning, a whole new you turns up perfectly packaged, bright and early. So grab yourself a café latte and comfy chair as we move into the nitty-gritty of building your

Fabulous Wardrobe!

